TERM 3
CRESSO’S HARD CROC
CAFÉ
TERM 1 2016

GARDEN SALADS- Every day
Salad Pack with egg $4.00
Salad Pack with Ham $5.00
Salad Pack with Chicken $5.00
Includes slice of bread

SANDWICHES AND WRAPS - Every day
Add extra 50c for rolls.
Vegetable $1.50
Cheese $2.00
Ham $2.00
Ham and Tomato $2.50
Ham and Cheese $2.50
Ham, Cheese and Tomato $3.00
Egg $1.50
Egg and Lettuce $2.00
Salad (lettuce, tomato, carrot, cucumber) $3.00
Ham and Salad $4.00
Chicken $3.50
Chicken, Lettuce and Mayo $3.80
Chicken and salad $5.00
Chicken and Cheese $3.80

HOT FOOD- Every day
Meat balls and gravy roll $4.00
Chicken and gravy roll $4.00
Subs – bread roll, lettuce, tomato, mayo $4.00
Southern style chicken $4.00
Chicken Pops $4.00
Sweet Chilli tenders $4.00
Fish $4.00
Honey Soy Chicken Noodles $4.00
Corn Cob $1.00
Homemade fried rice $3.00
Cup of potato wedges $2.50
Tomato/BBQ Sauce portions $.30c
Dino chicken nuggets [4] $1.60
Jacket Potato with mince and sour cream $4.00
Lasagne $3.50

FRUITY SNACKS- Every day
Tub Fruit Salad (seasonal fruit) $3.00
Seasonal fruit $1.00
Orange quarter’s $.40c
Slinky Apples $1.50

SNACKS & TREATS- Every day
Boiled Egg $.50
Baking treat of the week $1.00
Popcorn $.80
Red Rock Chips (Plain/Honey Soy) $1.30
Custard tub $1.80
Yogurt $1.50

DRINKS - Every day
Fresh milk - 300ml $1.20
Bottled water - 600ml $1.00
Flavoured Milk 300ml (Chocolate/Strawberry) $1.80
Flavoured Milk 500ml $3.00
Chocolate/Strawberry/coffee $3.00
Milk Popper 250ml $1.50
Chocolate/strawberry/coffee $1.50
Poppers Orange, Apple $1.50
Apple & blackcurrant/ tropical

FROZEN TREATS- Every day
Ice-creams Lifesavers $1.00
Fandangle $1.60
Zooper Dooper $.50
Slush puppy $2.00

TUESDAY ONLY
Croc muffin- Fried ham/cheese/egg on a muffin with tomato sauce $3.00

WEDNESDAY ONLY
Crocs nest (spaghetti & meatballs) $3.50
Chicken burger, lettuce, carrot, tomato, Mayo on a bun $5.00
Hot Dog with sauce $3.00

THURSDAY ONLY
Hamburger, lite burger patty, lettuce, cheese, Carrot, tomato on a fresh bun $5.00

FRIDAY ONLY
Sausage roll $2.20
Beef traveller pie $3.00
Mini pies $.50

BEFORE SCHOOL SNACKS
Cheese toasties $1.50

* This menu has been designed to meet the “Smart Choices” Healthy Eating Guidelines set out by the Queensland Department of Education and Queensland Health.
* Our Tuckshop operates on a bag system. Please use a paper bag no staples or sticky tape please).
* Please label the bag clearly with your child’s name, class/grade items
  * Example of order bag: Cadel Evans Class 5H
    Salad Sandwich $3.00
    Orange Popper $1.50
    $4.50

Forks and spoons are only provided with meals that require them. Additional forks and spoons will cost 10c.

If you can volunteer in the Tuckshop at any time, or if you would like to know more about what is involved please phone the Tuckshop on 49993323. Grab a friend and come in, volunteer and have a laugh or two. The benefits of volunteering are you stay younger – it’s true. Your friends will think you’re a saint and so will we. You save money – can’t shop when you are helping. You make new friends. You burn heaps of calories. You will be helping your school community. See you at the Tuckshop!!
Rob Comollatti
Tuckshop Convener

Items marked with V are vegetarian